



# ANNUAL REVIEW 2017

nia is run for women and children by women, providing services developed in consultation with women who have experienced men's violence, and from a proudly feminist perspective. We have been delivering services to women, girls and children who have experienced sexual and domestic violence since 1975.

In the year between April 2017 and March 2018, we provided one-to-one face-to-face support to **1,502** women and girls.

*"I often felt alone but you were there thinking of me and looking out for me whenever I didn't."*

28 children under 16 accessed who have witnessed or experienced domestic abuse were supported through play therapy

## EAST LONDON RAPE CRISIS

ELRC Independent Sexual Violence Advocates and Helpline provided practical and emotional one-to-one support for 231 women and girls who had experienced sexual violence. The ELRC counselling service worked with 179 women

## INDEPENDENT DOMESTIC VIOLENCE ADVOCACY

502 women at high risk of repeated and serious domestic violence including homicide were supported by our Independent Domestic Violence Advocacy services

We supported 2 judicial reviews to help women subjected to men's violence get justice



Our unique specialist refuges The Emma Project and Daria House became home to 17 women who have problematic substance use and had been subjected to sexual and domestic violence and sexual exploitation, including prostitution.

*"The support is very helpful & it makes a change that someone values me for the person rather than a sex worker. It also pleases me to know, that you seem to know which questions to ask & which subjects to leave alone"*

The Ascent Advice and Outreach Service, Emma Project Outreach and Hackney Outreach services supported 108 women who have been sexually exploited, particularly through prostitution, and who have problematic drug and alcohol use



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Between September and March our Schools Engagement Worker delivered 2-day Healthy Relationships to 163 pupils in 7 schools, assemblies to 1,895 pupils and 180 staff members, training on abuse in young people's relationships to 26 teachers and one-day workshops to 17 young women on violence against women and girls and how to access support and how to support your friends.

90% of women supported by east London Rape Crisis Advocates said that they were better able to name what has happened to them, have a better understanding of its impacts and consequences and their rights in the justice and health sectors.

*"If you hadn't been there I wouldn't have been able to enter the court room - I wouldn't have been able to fight my case."*

## HUGGETT WOMEN'S CENTRE

HWC celebrated its first birthday and 211 women and girls attended drop-in, activities or workshop programmes in the course of the year.



**THANK YOU** to the 19 volunteers who gave 455 hours of their time to help women and girls through the East London Rape Crisis helpline; and a further 6 women, the first volunteers at Huggett Women's Centre who contributed 83 hours between December and March.

**We couldn't do it without you!**



***I would like to send a message to the other woman that are suffering from violence: You don't need to spend your life in miserable and you should think what you have done in your life and you are an evaluated woman and you can do more than that. Give yourself the change to progress and have what you want without tolerating anybody to violent your dreams and your life."***

## EAST LONDON RAPE CRISIS HELPLINE

**The East London Rape Crisis Information and Support Line supported 898 women and/or family/friends/agencies enquiring on behalf of victim-survivors of sexual violence though 5,542 contacts by phone, 3,397 contacts by email and 679 texts.**

*"I do not think I would have managed to leave my husband without my advocate's support. I tried leaving him before without her help and did not succeed. We got away from him and now I feel 100 times better. She made it clear she was my advocate, she was acting in my interests, that helped me and improved my confidence."*