



delivering cutting edge services  
to end violence against women and children

## Annual review: Looking back over 2018/19

nia is run for women and children by women, providing services developed in consultation with women who have experienced men's violence, and from a proudly feminist perspective. We have been delivering services to women, girls and children who have experienced sexual and domestic violence since 1975.

In the year between April 2018 and March 2019, we provided one-to-one face-to-face support to **1,561** women and girls. This breaks down to

- **486** women at high risk of repeated and serious domestic violence including homicide were supported by our **Independent Domestic Violence Advocacy** services: **234** in Newham, **183** in Haringey and **69** in Hackney
- **East London Rape Crisis** Independent Sexual Violence Advocates and Helpline provided practical and emotional one-to-one support for **126** women and **52** young women and girls who had experienced sexual violence. The ELRC counselling service worked with **221** women
- The **Ascent Advice and Outreach Service** for women who have been sexually exploited or who have problematic substance use and have been subjected to sexual or domestic violence supported **87** women, the **Hackney Outreach** Service for women who have problematic drug and alcohol use and have been subjected to sexual or domestic violence supported **64** women and the **WiSER** project supported a further **5** women. .
- **143** women experiencing domestic violence and abuse accessed the **IRIS** service based in doctor's surgeries in Hackney and City, and Haringey
- Our refuges **The Emma Project** and **Daria House** became home to **23** women who have problematic substance use and had been subjected to sexual and domestic violence and sexual exploitation, including prostitution.
- **The London Exiting and Advocacy (LEA) Project** supported **26** women towards exiting prostitution
- **330** women and girls attended drop-in, activities or workshop programmes at the **Huggett Women's Centre** in Dagenham
- **20** children under 16 who had been subjected to or witness domestic violence and abuse were supported by our **Play Therapy** service.
- ..... and we also supported 8 men and 5 people who identified as transgender.

And also .....

- The **East London Rape Crisis Information and Support Line** supported **938** women and/or family/friends/agencies enquiring on behalf of victim-survivors of sexual violence through **8,564** contacts by phone, email and texts.
- Our **Schools Engagement Worker** delivered 2-day Healthy Relationships to **125** pupils in **5** schools, assemblies to **978** pupils, training on abuse in young people's relationships to **120** teachers and weekly core-groups to **21** young women and boys, on violence against women and girls, how to access support and how to support your friends.

### Thank you to our volunteers:

**11** volunteers gave **8040** hours of their time to help women and girls through the East London Rape Crisis helpline.