

Dear Applicant

Thank you for your interest in this post, **East London Rape Crisis Women's and Girls Counsellor** with **nia**.

This application pack includes

- Information for applicants
- About **nia**
- Advert
- More about this post
- Job Profile
- Person Specification

If you are interested in applying for the job, please download an application form. **When completing it please relate your application to the requirements stated in the person specification**, as shortlisting for interview is dependent on the extent to which your application matches these.

Please complete the application form in full. Please do not include any additional documentation such as Curriculum Vitae, as the Organisation requires candidate's information to be in a standard form on its own application form.

Unfortunately, we are unable to write to applicants who are not shortlisted. Should you not hear from us within two weeks after the closing date, you should assume that on this occasion your application has been unsuccessful.

Your completed application form should be returned marked 'application form and the title of the post (s) that you have applied for' via email to [administrator@niaendingviolence.org.uk](mailto:administrator@niaendingviolence.org.uk) by the closing date. Any late applications will not be accepted.

Yours faithfully,



Rachel Evans  
**Head of Central Services**



## INFORMATION FOR APPLICANTS

### OUR APPLICATION AND OUR RECRUITMENT PROCESS

#### Applying for a job

**nia's** recruitment policy intends to ensure that every applicant is treated fairly. This means that we are not able to consider previous applications or personal knowledge of you. It means that if already work for **nia**, we do not take into account your personal file.

The information you provide in your application form is the only information we will use in deciding whether you will be shortlisted for the selection process. Your application form is therefore very important and the following advice is designed to help you compete it as effectively as possible.

#### Using the person specification

The **person specification** is the list of criteria or requirements regarded as necessary for the post. **To be considered for an interview you have to fulfil each point of the person specification marked “X” in column A (application).**

#### **NB: Please note the maximum word count is 2500 words.**

Before you fill in the application form look at the person specification and decide how to relate your skills, knowledge and experience to each point. Try not to repeat yourself by using just one area of your experience to cover more than one requirement. Draw upon your past and present jobs or interests; you may discover you have a broader range of skills than you imagined.

Give examples of the work you have been involved in and write in a positive way (e.g. I was responsible for ..... I organised.... etc) Always remember to specify your own responsibilities rather than those of your section or department. The most important thing is to tell us - we are unable to guess or make assumptions.

Remember that voluntary work or work at home can be as valuable as paid employment. It is important that your application relate to the job you are applying for.

#### Completing the application form

Application forms should be filled in as completely and as clearly as possible so that we can consider all candidates on the same basis.

Write out the form in rough first to avoid mistakes and repetitions.



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Make sure you complete the form clearly, and type it or use dark ink (black ink shows up best when photocopied).

In completing the references section, please give as your referees your current and most recent employers where possible.

*Send your form to nia on time **and keep a copy.***

If you would like your receipt of application acknowledged, please enclose a stamp-addressed envelope or postcard, which we will return to you.

## **Shortlisting**

After the closing date, the application forms are read very carefully to see how each person's skills and experience relate to the skills and experience in the person specification, and **applicants who meet requirements marked “X” on the A (application) column will be shortlisted for interview.** Only information contained in the application will be considered in making the decision to shortlist.

## **Interviews**

The interview panel is normally made up of three people who ask each candidate questions covering the relevant criteria. The questions are intended to allow you to expand on your application and to show the panel how far you meet the essential requirements of the post. Shortlisted candidates will be asked to complete a task/presentation either at or before the interviews. You will have the opportunity to ask questions about the job, conditions of service etc.

Panel members have to keep a record of their assessment of each candidate so that the reasons of their decision are clear and consistent. You should therefore not be worried about the panel taking notes.

## **Feedback**

If you are unsuccessful and feel that feedback on your interview would be helpful in applying for other jobs, please email Rachel Evans, Head of Central Services at [revans@niaendingviolence.org.uk](mailto:revans@niaendingviolence.org.uk) who will be pleased to arrange this for you.



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**nia has been delivering services to women and children who have experienced domestic and sexual violence for 40 years.**

The organisation has three main aims, which are to provide services for women, children and young people who have experienced male violence, working to end male violence against women and girls, and to inform and influence policy and public awareness. We achieve these aims by

- providing high quality services for women, girls and children who have experienced or are at risk of male violence,
- increasing awareness of violence against women, girls and children and developing services, contributing to research, debate and policy initiatives to prevent it,
- challenging inequality and discrimination and celebrating diversity,
- empowering and supporting women and children, and
- Increasing and developing the effectiveness of resources through partnership, collaboration and multi-agency action.

Presently, **nia** is delivering a range of services across London, primarily in the East and North of the city, the majority of which are delivered primarily in an outreach capacity. Our services are continually evolving in order to respond to the needs of women who face multiple disadvantage and barriers to accessing services, they currently include:

- **East London Rape Crisis** - for women and girls who have experienced any form of sexual violence -including rape, sexual assault and child sexual abuse - regardless of when it occurred, who it was perpetrated by and whether or not it was reported to the police.
- **The Emma Project** - a pioneering service for women who are escaping domestic and sexual violence and who use substances problematically; more than a third of the women who have lived in the refuge have also been exploited through prostitution. The women who enter the project have frequently been excluded from and/or refused access to other types of refuge provision.
- **Daria House** - a refuge for women who have been sexually exploited, with a particular focus on supporting women who been exploited through involvement in prostitution. We offer non-judgemental support, information and advocacy. We help women to access housing and welfare benefits, legal advice, healthcare, drug and alcohol services and other specialist services for women in prostitution.
- **Jan's Place** - Jan's Place opened in autumn 2022 and became **nia's** third specialist refuge offering trauma informed accommodation and support to women living with multiple disadvantages, in particular problematic substance use (including illegal and/or prescription drugs and/or alcohol) who have been subject to domestic violence and abuse, recognising that this may overlap with sexual violence and prostitution.



- **Independent Domestic Violence Advocacy (IDVA) Services** - We currently operate two different IDVA services in Haringey and Hackney where outreach workers support women who have been identified by the MARAC as being at high risk of serious domestic violence and homicide. The Hackney and Haringey services are double accredited holding SafeLives Leading Light status and the Advice Quality Standard for casework with women.
- **IRIS** - a GP training programme and advocacy support to improve the health care responses to domestic violence and abuse. **nia** delivers IRIS in Hackney and Haringey
- **Exiting Prostitution Service** offers outreach and one-to-one support to women involved in prostitution. The Exiting Prostitution Service helps women access housing, welfare benefits, legal advice, drugs and alcohol services, specialist counselling and routes to exit prostitution. Women are also supported through access to employment training, education, volunteering and sustainable employment.

**nia** is part of ASCENT which is a partnership of 22 specialist organisations within the London Violence Against Women and Girls (VAWG) Consortium, delivering a range of services for survivors of domestic and sexual violence.

### Training and Groupwork

We can provide training and groupwork to agencies, professionals, women's groups and young women.

- Areas we specialise in include
- Sexual violence
- Improving healthcare responses to domestic violence and abuse
- Substance use and violence against women
- Prostitution and sexual exploitation
- Working with young women
- Feminist approaches to men's violence against women and girls

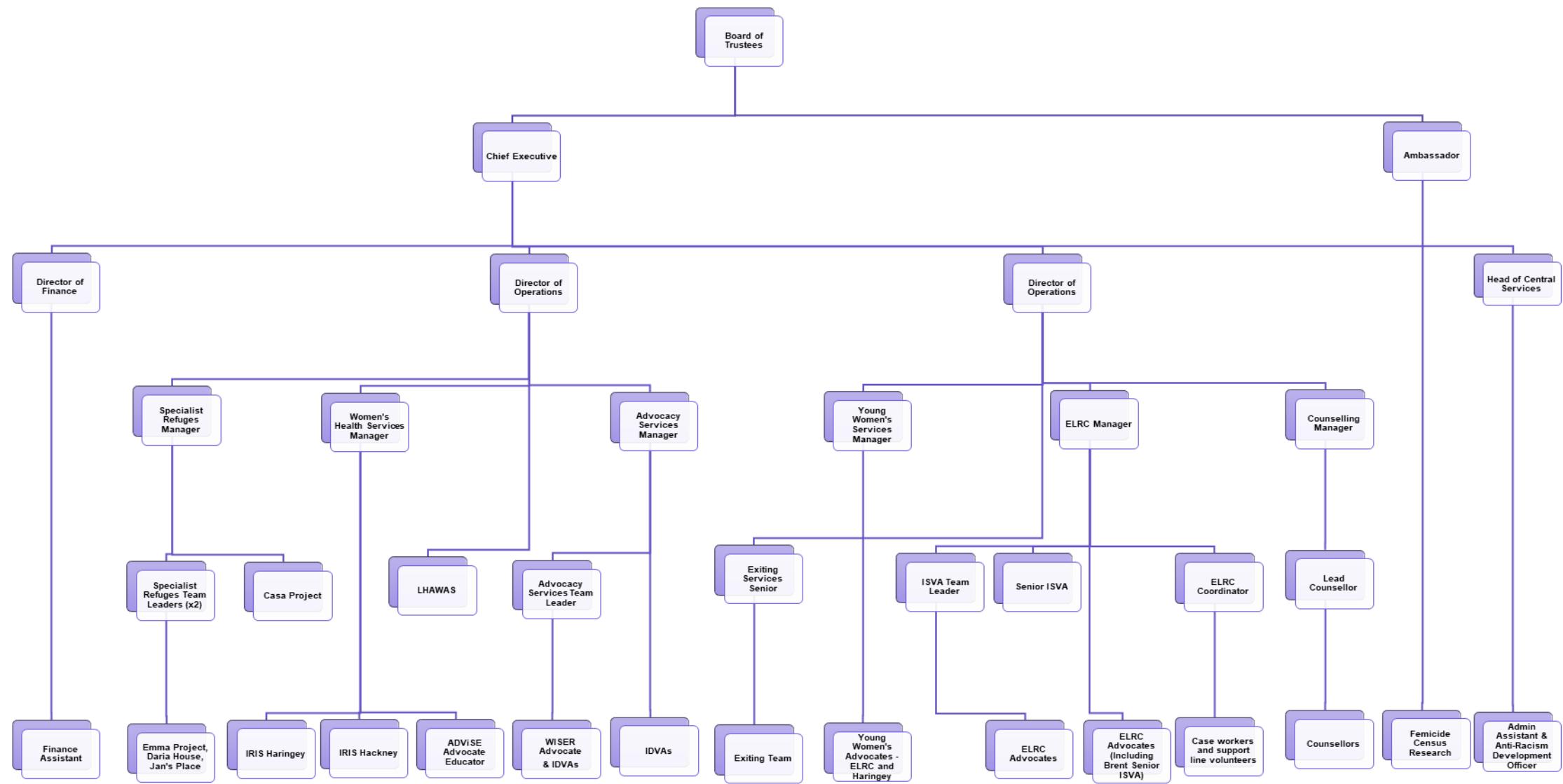
### How to contact us

[www.niaendingviolence.org.uk](http://www.niaendingviolence.org.uk)  
[info@niaendingviolence.org.uk](mailto:info@niaendingviolence.org.uk)

Address: P.O. Box 58203, London, N1 3XP  
Telephone 0207 683 1270



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## Advert - East London Rape Crisis Women and Girls Counsellor

**nia** has been delivering services to women, girls and children who have been subjected to sexual and domestic violence and abuse, including prostitution, since 1975. The organisation has three main aims: to provide services for women, girls and children who have experienced men's violence; contributing to ending male violence against women and girls, and to inform and influence policy and public awareness.

**nia** is a professionally approved member of Rape Crisis England and Wales; an umbrella organisation supporting Rape Crisis Centres across the country. Rape Crisis is completely independent of the government and the criminal justice system.

**East London Rape Crisis** provides free, confidential specialist support for women and girls aged 11 years old+ who have been raped or experienced any other form of sexual violence or abuse at any time in their lives, regardless of whether or not they have reported to the police. We offer confidential and independent support. Services include advocacy, emotional and practical support, one-to-one counselling and group work. The service is provided across Barking & Dagenham, Hackney, Havering, Redbridge, Newham, Tower Hamlets and Waltham Forest.

We form part of the **London Sexual Violence Alliance**. The Alliance brings together **225 years of expertise and experience** and represents a bold, visionary and survivor-centred resource. The Alliance consists of eight members. Seven are organisations that have historically, and or currently, provide support for victims/survivors. MOPAC is the eighth member, primarily sitting at the oversight and leadership governance level.

Note: each organisation continues to be an independent charity, so the Alliance is not a legal entity.



**RAPE  
CRISIS**  
SOUTH LONDON

**RESPOND**  
from hurting to healing





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We are seeking to recruit to the following post:

**Job Title:** **ELRC Women and Girls Counsellor**

**Job Ref:** nia 200

**Hours:** 28hours per week including 1 evening per week

**Salary:** £25,200 - £28,000 (FTE£31,500 - £35,000)depending on experience

**Location:** East London (Current office locations include Islington, Dagenham Heathway and Waltham Forest. We have further satellite counselling hubs across East London. We offer a hybrid working approach combined of office, outreach and home working)

In the role of ELRC Women and Girls Counsellor, you will provide one to one counselling and group therapy to female survivors of sexual violence. You will work as part of a growing feminist Rape Crisis service that is developing to meet the needs of women and girls. Counselling is delivered face to face, online and via the phone.

We are looking for a counsellor who can provide a commitment of 28 hours a week of counselling services, including one evening per week.

We are looking for highly organised and self-motivated women who are passionate about ending violence against women, girls and children. You will have a 'can-do' approach and demonstrable commitment to **nia's** feminist approach to supporting women and their children to be safer and well.

**Closing date:** 10am, 11 February 2026

**Interview period:** 23 – 24 February 2026

If you'd like to speak to us about the role before applying please contact the Counselling Service Manager, Sheena Vella [svella@niaendingviolence.org.uk](mailto:svella@niaendingviolence.org.uk)

### **How to apply:**

Please visit our website [www.niaendingviolence.org.uk](http://www.niaendingviolence.org.uk) and download a job profile and application pack. CV's will not be accepted. Applications can be returned via email to [recruitment@niaendingviolence.org.uk](mailto:recruitment@niaendingviolence.org.uk)

This post is subject to an enhanced vetting and barring check and open to women only. Genuine Occupational Requirement (GOR), Schedule 9 (Work; Exceptions), Part 1 (Occupational Requirements), of the Equality Act (2010) applies.



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## East London Rape Crisis Women and Girls Counsellor

### Role Description

We are looking for a qualified counsellor who will work from a feminist understanding of sexual violence to provide one to one counselling and the possibility of group therapy to female survivors.

We are looking for a counsellor who can provide a commitment of 28 hours per week of counselling services, including one evening per week.

#### **The counsellor will be required to undertake the following specific tasks:**

##### **1. Work with survivors**

- Providing one to one counselling and the possibility of therapeutic group work for female survivors of sexual violence aged 11+ in line with professional and ethical guidelines
- Delivery of both short-term and long-term counselling
- Undertaking a thorough clinical assessment and be part of the allocation and waiting list process
- Providing an inclusive counselling service that recognises the importance of equality, diversity and respect
- Working from a feminist understanding of sexual violence, why it occurs and its impacts.

#### **The counsellor will be expected to be able to carry out the following administrative tasks:**

- Maintaining accurate and up to date performance recording, monitoring and reporting using available systems, including the use of CORE.
- Maintaining appropriate records and statistics regarding the service delivered.
- Other administrative duties as required for the fulfilment of counselling or group therapy.

#### **The counsellor will be expected to abide by the following good practices:**

- Maintaining up-to-date knowledge on information, research and good practice relevant to counselling.
- Providing a service within relevant ethical frameworks including BACP and UKCP.



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- Undertaking work during evenings and school holidays as required, based on an agreed schedule.

**Whilst providing services for nia, the counsellor will also be expected to abide by these general duties:**

- Acting in accordance with nia's policies and procedures, including:
- Work in a manner which positively promotes the aims and objectives of the organisation.
- Prioritising women, upholding and promoting feminist, trauma-informed and anti-racist practice.
- Ensuring effective communication with staff at nia.
- Complying with health and safety requirements, and taking reasonable care of personal safety and that of other persons and resources whilst providing services.
- Attending and participating in regular training when required.
- Attending and participating in regular clinical supervision and reflective practice to support safe, ethical and effective work.
- Contribute to a supportive and collaborative team environment, attending team meetings and all-nia staff meetings as required.
- Undertaking any duties consistent with the delivery of agreed service as may be reasonably requested by the Senior Managers, the Chief Executive and Board of Trustees of nia.

Please note this service description is intended to outline the main facets of the service required and may change as the service, alliance and organisation develops



**PERSON SPECIFICATION**  
**East London Rape Crisis Women and Girls Counsellor**

**Key to table**

<b>A</b>	<b>Application areas will be used to shortlist</b>	<b>A</b>	<b>T</b>	<b>I</b>
<b>T</b>	Test			
<b>I</b>	Tested at interview stage			
<b>E</b>	Essential			
<b>D</b>	Desirable			
	<b>Qualifications</b>			
1.	A professional qualification in counselling or psychotherapy (E)	x		
2	BACP accreditation or UKCP registered (BACP Registered Members working towards full accreditation will be considered). (E)	x		
3	A minimum of two years post qualifying clinical experience with at least 150 supervised clinical hours. (E)	x		
4	Evidence of ongoing professional development through training or CPD activities (E)			
	<b>Skills and experience</b>			
5	Experience as a counsellor working with trauma including working with women who have experienced sexual violence and are in crisis (E)	x	x	x
6	Experience of providing initial and comprehensive assessments, risk assessment, and safety planning for survivors of violence (E)		x	x
7	Experience in or ability to use CORE or similar outcomes measurement tool (E)	x		
8	Administration skills including ability to maintain records and use IT and paper-based systems proficiently (E)	x		
9	Experience in delivering group work (D)	x		
10	Ability to work independently and within a team, to plan and manage a complex workload, meet deadlines, problem-solve and respond to unplanned demands (E)	x	x	x
11	High level of self-motivation and ability to think creatively with a 'can-do' attitude that can inspire others (E)	x		x
	<b>Knowledge</b>			
12	Knowledge of the issues facing women, children and young people affected by violence against women along with the ability to identify women and girl's individual and collective needs (E)	x	x	x



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13	Integrative counselling approach (incorporating skills for working with trauma e.g. EMDR/ psychodynamic/ CBT/ solution-focussed) (D)	x	x
14	Non-judgemental, non-directive, anti-discriminatory and person-centred approach to empowering women (E)		
15	A feminist perspective on how sex, social, economic, race, cultural, linguistic, religious and sexual orientation issues may impact on people's lives (E)		x